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North Tabor News

www.northtabor.org • c/o SEUL, 3534 SE Main Street, Portland, Oregon 97214 • (503) 928-4655 • editor@northtabor.org

North Tabor Identity Project: Banner design vote April 17 & Community Fair June 16

by Moonrose Doherty

The North Tabor Identity Project, is moving forward. The sustainability-focused project has two parts: installation of new North Tabor Neighborhood banners and a neighborhood fair on June 16 to celebrate.

The installation of utility pole banners will help identify us as North Tabor Neighborhood. A banner design contest is underway with submissions due April 1. Send in your design electronically or deliver it in person to the March 20 North Tabor Neighborhood Association meeting. The design submissions will be featured in three locations: on the northtabor.org website, at the Laurelhurst Café, 4611 East Burnside, and at the April 17 North Tabor Neighborhood Association meeting. Submissions may also be displayed at other locations throughout the neighborhood (email sustainability@northtabor.org or call 503-928-4655 between April 3 and April 15 for locations). We want you to vote! Voting on the design submissions will be at the April 17 meeting. We hope to see you at this meeting, Tuesday, April 17, 6:30 pm, Emilie House, 5520 NE Glisan. Design submissions will be displayed and refreshments will be provided. Come meet your neighbors, check out the cool designs, cast your vote, and help decide what will be on our North Tabor banners. The banners with the final design will be installed on utility poles throughout the neighborhood by early June.

The North Tabor Community Health and Safety Fair is planned for June 16, 2012 in the back parking lot of the Glisan Street Fred Meyer. The plan is to feature organizations and resources to promote health, safety, and community engagement in North Tabor. There will be a "Know Your Neighborhood" game, music, arts and crafts, and lots of community-engaging fun. If you have a skill, musical talent or artistic ability to offer at the fair, please contact us.

In organizing for the fair and making it happen, we need your help! We need volunteers to provide arts and crafts, face painting, music, recycled paper flower making, stamping, sponge painting, bottle cap magnets, origami, and other fun things. We need help laying out the event and taking care of organization and direction during the fair. We need musicians. We need tables, chairs, canopies, and decorations. We need help putting together the "Know Your Neighborhood" game, the neighborhood map, and the fair-goer passports. If you are creative, we need you. We also need help contacting organizations and brainstorming other organizations to invite. And finally, we need help setting up and help at the end of the day cleaning up. If you would like to help out in any capacity or be a part of the planning committee, please call (503) 928-4655 or e-mail Moonrose at sustainability@northtabor.org.

Don't forget to submit a design for the pole banners! We want your creative North Tabor designs, so start

sketching and let creativity run!

Moonrose Doherty serves as chair of the North Tabor Sustainability Committee and is board member of the North Tabor Neighborhood Association. The North Tabor Identity Project is funded through a grant from Southeast Uplift Neighborhood Coalition (SEUL) and the City of Portland's Neighborhood Small Grants Program.

Important Dates

March 6, 7pm, North Tabor Identity Project meeting, Laurelhurst Cafe, 4611 East Burnside.

March 20, 6:30-8pm, Neighborhood Meeting at Emilie House, 5520 NE Glisan.

March 24, 4-8pm, Volunteer Orientation & Potluck for Montavilla Food Co-op, at the AFSCME Building on 6025 East Burnside.

April 1. Deadline for submissions to North Tabor Banner Design Contest.

April 17. 6:30-8pm, Vote on North Tabor Banner Design at Neighborhood Meeting at Emilie House, 5520 NE Glisan.

April 28. 9am-1pm, Neighborhood Cleanup, Mt. Tabor Middle School.

Got art?

by Christin Huja

At the January neighborhood meeting many were thrilled at the news that we had been awarded a small grant from Southeast Uplift to begin the North Tabor Identity Project. As the planning for the pole banners and the Health and Safety Fair has begun, a few questions I have wondered since moving to this neighborhood a year and a half ago are about to be answered. Who is North Tabor? What defines us as a neighborhood?

Although we have Rosemont Bluff Natural Area, we don't exactly have what I would call a park. Or a library. Or a recreation center to speak of. There aren't any obvious places for us to begin, say, a Community Garden. So, what exactly defines North Tabor as a neighborhood then? What does living in North Tabor mean to you?



Pambiche, 2811 East Glisan, East Wall. Artists: Emily Beeks and Rachel Oleson.

Since we have such limited community meeting space, it seems to me that we are going to need to find ways to develop community and get out to meet our neighbors in other ways. At the last neighborhood meeting, neighbors brainstormed ideas as to what types of events or activities might be worthwhile. A list of ideas was made. Among the ideas were garden sharing, a neighborhood garage sale, a ping pong tournament, a Second Annual Equinox Party, and a mural.

What was that last one? Yes, a mural. Ooh. A mural. You know, like any of the 48 beautiful murals that already exist all around the Portland area. Now that would be something! How does one go about creating a mural, you ask?

Well, it just so turns out that North Tabor Neighborhood Association sent two of its board members to find out just that. On February 11, 2012, Gail Morris and I attended an extraordinarily informative workshop sponsored by the Regional Arts and Culture Council called "How Did that Mural Get There?" Turns out, Portland has an abundance of resources available to make projects like these a reality. We met professional muralists, learned about mural code requirements, copyright

laws, learned how to determine a budget for a mural project, and heard about possible funding opportunities.

Gail and I have just submitted an application for another small grant from Southeast Uplift to get the community mural project off the ground. We are interested in hearing from neighbors and businesses that would like to offer input and/or help with the planning and implementation of a neighborhood mural. If you have any comments or suggestions about the process or would like to get involved or receive meeting notices on this project, please email us at mural@northtabor.org or leave the neighborhood association a voicemail at (503) 928-4655 and we'll get back to you. We are very interested in community feedback and support, particularly as we are coming up with a design that reflects our neighborhood this spring, as well as when we start to paint this summer. There will be an informational meeting sometime in mid to late March or early April. We will be sending out notification about the meeting to those that have expressed interest, as well as via our webpage, www.northtabor.org, and our Facebook page.

We hope this opportunity brings together neighbors to further define North Tabor's identity and we look forward to hearing from you! Although it may be a while before we are able to say that we have a park or a Community Garden, we may soon be able to say "We've got art!"



"A Neighborhood in Motion," 7215 NE Sandy. Artists: Angelina Marino, Gary Herd, Marlys Mick, Joel Heidel.



North Tabor Neighborhood Assoc.
c/o 3534 SE Main St
Portland, OR 97214

Welcome To North Tabor

Neighborhood associations are a recognized voice in the City of Portland. We encourage you to become an active member! Let your voice be part of the process.

Participation is voluntary and open to all residents who live, work, rent or own property, or have a business, non-profit or government facility within our boundaries.

Meeting Time and Location

Next meetings are Tuesday, March 20, 2012 and Tuesday, April 17, 2012. Location is at Emilie House, 5520 NE Glisan. Entrance is through the parking lot - though we are requested to park on the street. Call (503) 928-4655 to confirm time, date, and location.



Neighborhood Boundaries

The North Tabor Neighborhood is bounded on the west by 44th Avenue and on the east by 68th and 69th Avenues. The southern border is Burnside Street, except in the area between 44th and 49th Avenues where the neighborhood extends south to Stark Street. The Banfield Expressway (I-84) creates the northern boundary of the neighborhood.

Publication

The North Tabor News is published by the North Tabor Neighborhood Association. The North Tabor News reserves the right to edit material submitted for publication. Unless otherwise noted, opinions expressed are the opinion of the author and not those of the North Tabor Neighborhood Association or its board. Publication and distribution of the North Tabor News is the result of a combined volunteer effort. To help with the production of the North Tabor News, contact editor@northtabor.org or submit articles, stories, photos, announcements or suggestions via email to editor@northtabor.org; by mail to North Tabor News, c/o 302 NE 57th Ave., Portland, OR 97213; or call (503) 928-4655. Printing and postage expenses for the North Tabor News are paid by advertising and sponsorships; a portion of revenue from the annual clean-up; and a grant from Southeast Uplift.

Voice messages can be left for any board member or committee at (503) 928-4655. Email can be sent to the Board at board@northtabor.org. Board members manage the daily affairs of the neighborhood association; make decisions and represent the interests of North Tabor Neighborhood; appoint committees and work groups for projects and issues of concern to the neighborhood; and maintain and encourage open communication and involvement between neighbors, the neighborhood, and the city. For more information or to serve on the Board or any of its committees, please leave a voicemail at (503) 928-4655 or email chair@northtabor.org.

Submission Guidelines

The deadline for submissions is April 10, 2012 for distribution in May. Submit articles and photos to: editor@northtabor.org or call (503) 928-4655. Submit ads to advertising@northtabor.org by April 10, 2012 to reserve space. Ad placement is based on payment and the earliest receipt of ad copy.

Advertise in the North Tabor News

Reach 3,000+ North Tabor Residents for pennies per copy. Advertising rates start as low as \$25 per issue. (503) 928-4655 or email advertising@northtabor.org.

Board Members

Zach Michaud, Chair; Jacob Wollner, Vice Chair; Moonrose Doherty, Secretary; Gail Morris, Treasurer; Heidi Beierle; and Christin Huja

Contacts

Chair: chair@northtabor.org;
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Sustainability: sustainability@northtabor.org;

Notes from the chair...

by Zachary Michaud

Two months into 2012 and the NTNA Board has had two very productive meetings. Here is some of what has been going on in case you missed it.

I asked attendees at January's meeting to create a list of events or projects that they knew we would be tackling in the coming year and also projects and events that we would like to see the Neighborhood Association get involved with. Some you will hear about elsewhere in this paper because they have set dates and we are already looking for volunteers: Neighborhood Clean Up, the Identity Project (street banners and party), an Equinox Party, Graffiti Abatement Project. Other ideas are still just that, ideas, and are waiting for a strong community leader or group of individuals to take the lead in organization: ping pong competition, neighborhood watch, garden share/yard share, book review and borrow, neighborhood yard sale, garden tour, Halloween tour, garage sale, volunteer group for elderly and disabled, noise abatement, murals. If any of these ideas sparks your interest, contact me and we will get people connected who share the same interests.

Are cell towers moving into the neighborhood? Not if our neighbors can help it. Some of you may have heard about other neighborhoods' struggle to fight T-Mobile from placing cell towers in residential areas. City code is one of the few barriers that powerful telecommunications companies have to placing cell towers anywhere they want and Portland's code could be stronger. NTNA joined Mt. Scott-Arleta, Eastmoreland, and Alameda neighborhoods where cell towers have been applied for, along with other neighborhoods, in writing to the City to try to get them to strengthen the code with regards to right-of-way access. Hope is that the City will make necessary changes to give neighborhoods more equal footing with the telecommunications companies before any other neighborhoods are targeted.

Providence Portland's Comprehensive Use Master Plan (CUMP) application has been completely submitted to the City. A Community meeting was held on February 27th to unveil the plan to the surrounding neighborhoods. Turnout was double that of last year's community meeting, mostly because of neighbors concerned with the Guest Housing Project and traffic issues. Nothing more can be said on the issue of the Guest Housing Project as that application has already been submitted to the City and has been approved. Traffic concerns due to new project development should still be voiced. Public comment is now open on the CUMP and the more voices of concern heard, the better. As one of your neighborhood's representatives on the Standing Committee of the Good Neighbor Agreement with Providence, I am anxious to hear your concerns because I may not get a clear picture of Providence's total impact from my small part of the neighborhood. If you cannot or do not wish to meet with me or any other neighbors on this issue, but still wish to write to the City, please consider copying me on any emails so I know what your concerns are. I am looking forward to talking with neighbors who would be interested in joining a transportation work group to work with Providence and the City collectively on our traffic concerns that Providence has created.

North Tabor, you have seen what your neighbors have been up to over the last year, and you can see where we are headed in this new year. My hope is that you got excited by something and cannot help but get involved. The more hands we have helping, the stronger and greater this neighborhood will become. Hope to see you around the neighborhood!

Bioswales and "Green Streets" Come to North Tabor

by Robert Jordan

If you have been in the vicinity of NE 47th and Everett St or NE 45th and Davis you will have seen a piece of the Green Street Project, part of a larger Environmental Services program known internally as the Stark Inflow Control Project (on the city's website at <http://www.portlandonline.com/bes/index.cfm?&a=379649&c=32124> this work is referred to as the Laurelhurst, Mt. Tabor, NE 45th and NE 47th Green Street Projects). Why do we need such a project? Because all the neighborhoods in this area have a combined sewer system that carries stormwater runoff from streets and sanitary sewage in the same pipes. Older combined sewers sometimes don't have the capacity to carry all the runoff that flows into the system during a very heavy rain storm, which can cause sewers to back up into basements or into streets through manholes. Inflow control is a strategy to manage stormwater at its source and to prevent it from flowing into the sewer system, and the current improvements are an important part of that strategy. Environmental Services is expanding green stormwater management infrastructure throughout the city, and green streets are a key part of that expansion. Green streets are vegetated curb extensions or streetside planters that collect stormwater runoff. The water soaks into the ground as the soil and vegetation in the planter filter pollutants. Green streets reduce the burden on the combined sewer system and help replenish groundwater supplies. Curb extensions can also slow traffic to improve bicycle and pedestrian safety and create urban green spaces. Construction is just about finished on the North Tabor sites except for installing the plants and restoring the pavement, which is to be completed in March (the city doesn't have any current plans to construct additional green streets in our neighborhood).

Green streets use low-growing plants suitable to a variety of conditions. City maintenance crews monitor and maintain green streets, but neighbors can help by becoming Green Street Stewards. For More Information read the FAQs below, or visit the above cited website. You may also contact David Allred at 503-823-7287 or david.allred@portlandoregon.gov.

What is a Green Street and why are they Important?

Portland is at the front of a national Green Street trend that combines stormwater management with urban street design. Green Streets are small rain gardens that use plants and soil to capture stormwater runoff from the street, allowing it to soak into the ground while filtering out pollutants. Green Streets also create attractive urban green spaces in our neighborhoods, enhance pedestrian and bicycle safety, and help protect sewer ratepayers and our investments in the piped collection system.

Who maintains and cares for the Green Streets?

The city is responsible for looking after Green Streets as they are an important part of the city's stormwater collection system. Professional landscape crews will visit Green Streets to make sure they are functioning. Activities may include, trimming the vegetation and removing weeds when necessary, removing and disposing of sediment, as well as picking up trash and debris, clearing curb openings, and watering during the first 2 years the plants are getting established.

What is the role of a Green Street Steward?

Becoming a Green Street Steward is voluntary, and you can spend as much time as you want. As a Green Street Steward, you will be partnering with the City to help with simple activities like picking up trash and debris and making sure curb openings and overflow drains are unobstructed. This keeps stormwater and pollutants out of our streams and rivers while maintaining attractive streetscapes for your community and improving the health of our watersheds!

Do I need to Attend a Training Workshop?

You are not required to attend a training workshop to become a Green Street Steward. The city asks that you attend a training workshop if you want more instruction or want to remove weeds from a Green Street facility. The Green Street must be in the 'long-term stewardship phase' to remove weeds. So the facility must be at least 2-years old and the plants are established. When you sign up to adopt a Green Street, the information will include which phase it is in.

How much time will it take me?

As a Green Street Steward, you can spend as much time as you want caring for your facility. We know you're busy and appreciate any time you can provide. Some of the most important times to check on a Green Street are before or after a storm event when heavy rains can cause trash and debris to collect around curb openings and drains, preventing stormwater from entering the facility. If you have only a few minutes to spare, you can help ensure the facility functions by removing any trash, debris, and leaves from curb openings and overflow drains.

Can I add plants, flowers, or vegetables to my Green Street?

Adding colorful plants and flowers to your Green Street may look attractive, but they can disrupt the Green Street's function in managing stormwater. The City carefully selects plants (and soil) that work best for greatest stormwater management. Any changes or plant additions to your Green Street may disrupt this function and crowd out desired plants.



North Tabor Crime Stats for January 2012

- Theft from vehicle** (unlawful taking of motor vehicle contents or parts): **8**
- Larceny** (unlawful taking of property from the possession of another; includes pickpocket, pursesnatch, shoplift, and bike theft): **6**
- Vandalism** (willful or malicious destruction, injury, disfigurement, or defacement of any public or private property, real or personal, without consent of the owner or persons having custody or control): **6**
- DUII** (driving or operating any vehicle while drunk or under the influence of liquor or drugs): **4**
- Runaway** (runaway juveniles when reported by their parents or guardians): **4**
- Aggravated assault** (an attack by one person upon another for the purpose of inflicting severe injury, usually is accompanied by the use of a weapon or by means likely to produce death or injury): **2**
- Burglary** (unlawful entry of a structure (both residential or non-residential) with intent to commit a theft): **2**
- Drugs** (offenses related to the unlawful possession, sale, use, growing, and manufacturing of illegal drugs): **1**
- Embezzlement** (misappropriation or missapplication of money or property entrusted to one's care, custody, or control): **1**
- Forgery** (making, altering, or possessing of a document or negotiable instrument, or signing another's signature with intent to defraud, including attempts): **1**
- Fraud** (fraudulent conversion and obtaining money or property by false premises, including identity theft, confidence games and bad checks, except for forgeries and counterfeiting): **1**
- Simple Assault** (assaults and attempted assaults where no weapons are used and which do not result in serious or aggravated injury to the victim): **1**
- Trespass** (includes trespass, blackmail, extortion, bomb threats, stalking, threats/intimidation, including phone threats, shooting in prohibited areas, and animal ordinances): **1**

Source: www.portlandonline.com/police/crimestats

Architectural Heritage Center Offers Weekly Walks and April 14 Kitchen Tour

by Robert Jordan

The Architectural Heritage Center is expanding its popular neighborhood architecture walking tours this year. Each Thursday evening throughout the summer will feature a different neighborhood, starting May 3 with King's Hill. A tour of the Montavilla neighborhood is planned for later in the season, and there are also tours of the terra cotta and cast iron districts downtown. Cost for the tours is \$10 for members and \$15 for non-members. These popular tours are limited to 30 people, so register early. Check out the offerings at the Architectural Heritage Center website, www.visitAHC.org, or call (503) 231-7264 for details.

On April 14, the Architectural Heritage Center will offer its annual Kitchen Revival Tour, which will include entry to eight restored or original kitchens (\$20, members; \$25, non-members). This tour is a must for anyone considering a restoration or an update of a period kitchen. In addition to tours, the center offers a variety of educational programs for those interested in local architecture and architects, and for people interested in restoring their own older home in a historically appropriate manner. Current gallery exhibits in the historic 1883 West Block, 701 SE Grand, include "A Glaze of Glory," architectural art tile of the Victorian and Arts and Crafts eras; and "Glass Blast," antique glass doorknobs and related hardware. The Architectural Heritage Center is open Tuesday through Saturday, 10am to 4:30pm, free admission for members, \$3 for non-members.

Before the clean-up: Recycling options

Have a yard sale before the cleanup to get rid of useable items you no longer want.

Donate. Goodwill (dropoff site: 5625 NE Fremont, 9am-8pm daily, will take working or broken computers, laptops, monitors, or televisions and ensure they are properly recycled for free—limit of seven electronic items per visit.); Value Village (dropoff site: 6929 NE Halsey, 9am-7pm daily, 503-777-4736); Community Warehouse (3969 NE MLK, 10am-4pm daily, 503-235-8786) and similar organizations can be a good choice for items with remaining useful life, some will arrange to pick up your items, and you will have the benefit of a tax deduction.

\$40 for old refrigerators/freezers. If you have a working refrigerator or freezer, 10 to 30 cu ft and are a customer of Pacific Power or Portland General Electric, you can have it picked up and receive \$50 cash. Call Energy Trust of Oregon, 866-444-8907, for details.



North Tabor Neighborhood Clean-up Day

Sat., April 28th, 2012, 9 AM to 1 PM

Mt. Tabor Middle School

5800 SE Ash St, Parking Lot, 57th St Entrance

What can I bring?

- Yard Debris (no compost)
- Wood
- Computers and Peripherals
- Cell Phones, Electronics
- Furniture
- Glass
- Carpets, Mattresses
- Clothing
- Tires
- Cardboard
- Bicycles
- Toys, Carseats
- Hardware
- Separate for Recycling
- Wood free of nails/paint
- Metal
- Plastics
- Item for reuse/resale area

Items Not Accepted

- No Hazardous Waste
asbestos, gasoline, chemicals, motor oil, tar, paint, batteries, animal waste, liquids, pool chemicals, solvents, wood stain, antifreeze, thinners, aerosol spray products, syringes, medications, poisons, toxins, herbicides, household cleaning products, fluorescent tubes and ballasts, compact fluorescent lightbulbs (CFL)
- No Large Quantities of Construction or Landscaping Materials
concrete, asphalt, dirt, sod, brick, sand, gravel or composition roofing
- No Commercial or Industrial Garbage
- No Air Conditioners, Freezers, Refrigerators, Compressors or other items containing Freon

We retain the right to refuse any item

How much do I pay?

Fees are generally less than the minimums at the landfill, and the location is more convenient. Fees collected in excess of the actual expenses, will be divided equally by North Tabor and Mt. Tabor Neighborhood Associations. Fees will be charged for all items accepted. Neighbors are encouraged to use curbside recycling for appropriate items.

General Fees:

- \$10-\$15 average loads
- \$25 large loads
- \$30 and up for oversize loads
- \$5 per tire off rim
- \$10 per tire on rim



For more information, to request an email or phone reminder prior to the event, or to volunteer, call 503-928-4655 or email cleanup@northtabor.org. Volunteers are needed to direct traffic, sort and reclaim recyclable/reusable materials, unload debris into containers, for litter patrol, or to help deliver some recyclable/reusable items to appropriate organizations.

Sponsored by: North Tabor and Mt. Tabor Neighborhoods, METRO and Portland Bureau of Planning and Sustainability, and local businesses and organizations.



Mt. Tabor and North Tabor Neighborhood Associations have joined forces again to offer neighbors the opportunity to responsibly and efficiently dispose of unwanted items. The neighborhood associations have to pay for any and all associated costs for this event, including, but not limited to, costs for haulers, for dumping fees which exceed grant funds from Southeast Uplift and Metro, and rental fees for the school grounds. Disposal of some items are no longer subsidized by these grants, including previously waived tipping fees for yard debris. It is one of our goals to reduce the amount of materials flowing to the landfill by recovering, reusing and recycling as much as possible.

In order to keep costs down and avoid additional fees we need your help in making sure the right items end up in the right place. There are dedicated areas and containers for processing specific items. Because we are obligated to disposal and recycling costs for all unsold items, all items delivered to the cleanup will be assessed a fee.

Know your load!

If you can sort or arrange your load before coming you will be able to quickly determine the right location(s) for your items, make the most efficient choices and speed up your transit time through the stations.

If you are disposing of items with remaining useful life please bring them to the Resale/Reuse area. These items will be offered for sale until 1:30 at which time the remaining items will be sorted for donation to various

charitable organizations or recycled to the extent possible. Some items will be picked up by the Rebuilding Center and other organizations. In order to accomplish our goals we will need some volunteers with pickups or trailers to deliver some items as needed at the end of the event.

Tools in good condition will be collected to distribute to the Southeast Portland Tool Library or the Emerson Street Garden.

- There will be a collection area for scrap metals, so please have those items separated in your load.
- There will be a collection area for yard debris. Yard debris must be clean (no contaminants, no dirt, no sod).
- There will be a collection area for clean wood (no nails, paint, or hardware on wood in this area).
- There will be a collection area for items needing deconstruction prior to recycling.
- There will be a collection area for plastics. Separate rigid plastics (buckets, tubs, laundry baskets, plastic garden pots, carseats, toys, empty medicine bottles, hard plastic containers), and film (plastic bags, sheet plastic, shrink wrap, bubblewrap). Curbside recycling should be used for most household recyclables and information on curbside recycling can be obtained from your trash hauler. No styrofoam will be accepted: check with UPS or other shippers who may accept clean styrofoam peanuts and packing materials.

For the Chicken Hearted: Rapid change



by Monique Mos

Ah, those winter weeks! I am not spending time in my yard and have very little interaction with the chickens. I am reading at home and sometimes in a local coffee shop.

While sipping my coffee, I find myself learning about certain processes involving, if not chickens, animals nevertheless. I run into a *Willamette Week* article about a slaughtering class. The rabbits that are used for slaughtering have been stolen and there is a fierce back and forth of reactions from readers. Topics of discussion are the act of killing an animal for consumption, the kinds of people who engage in such an act, and the right to remove animals bred for slaughter from their owner's property ("Hotseat: Camas Davis," Ruth Brown, *Willamette Week*, Feb. 15, 2012.) At home, I look it up on the internet and find other articles, amongst which one about commercial pet food. ("The Horrors of Commercial Pet Food", Celeste Yarnell, *NaturalNews*, June 28, 2011)

I learn about the use of "downers", which are animals that are dead, sick or dying before they are "rendered." Rendering is a process by which these animals are slowly cooked and then used in certain commercial animal food. The author recommends preparing your own meals for meat-eating pets.

I remember my parents going to the market and buying organ meat and innards for our dogs. We had a small refrigerator with a tiny freezer, which always contained clear plastic bags with this meat. My mother would boil the stems and outside leaves of vegetables and would also make a pan of rice. Organ meat, rice and cooked vegetable discards were then mixed and fed to our pets. I used to think that it looked rather appetizing! I do not remember our pets ever being sick and they enjoyed a normal lifespan. Of course the stores did not offer great amounts of dog food for sale, if any.

Like our dogs, we too were fed fresh (but probably sprayed) vegetables and only small amounts of meat. In our small city garden, there were tomatoes, lettuce, rhubarb, berries and herbs. We often ate vegetable or fruit sandwiches, for which we used cucumber, tomato, radish, apple, strawberry or lettuce. As babies and young children, we ate the same food as our parents, just mashed. There was no commercial baby food yet.

Not long after arriving here, in the early 80's, I started listening to a radio health show and became fascinated with the recommendations of the show's host. I learned that we were all eating the wrong things and should consume less meat and more fresh food. After a while, I realized that I was already eating that way, because I had not learned to use processed food in great quantities.

At my host family, meat was the primary dish, with a miniscule side of veggies, usually canned. So tiny were the vegetable servings, that at the first meal, I mistook the dish that was meant for the whole family to be mine, exclusively! And abroad, I witnessed a friend from the U.S.A. help himself to all the sandwich meat, believing that the small amount had been placed there for him.

Here, unpackaged bread was not readily available. Most people bought their bread wrapped in plastic, at the supermarket. To me, it looked and tasted unfamiliar, consisting only of what I knew to be the inside of the bread I grew up with. It had no crispy crust at all.

The bread was not the only thing that was different. I had never seen such an array of available goods and had never seen people buying so many things and having so many ever-changing needs. There did not seem much "making do" here. Leftover food was joked at or frowned upon. Everything had to be just right and always look new. Shopping was a hobby, not something you did out of necessity.

How fast our world is changing--perhaps not fast enough, but fast nevertheless. So much more thought is given to the rest of the planet and the rest of the ecosystem. Bold new movements protest inequalities between the haves and have-nots. They shed light on the what, why and how of injustices and on fraudulent behavior of previously immune groups, organizations, social systems, ways of thinking.

To me, this capacity for rapid change is one of the most fascinating characteristics of life in the United States of America.

Interview: Am I Your Neighbor?

Give a general overview of your life, if you like.

I was born in California during the Eisenhower administration. I liked California just fine until I visited Oregon in 1972.

Share some of the rules you live by.

One should minimize one's impact on the environment as much as possible.

Some of the best people in the world are dogs.

Take what you need, but don't take more.

"If you're going to tell people the truth, be funny or they will kill you." – Billy Wilder

Share your favorite joke.

Only a few people will get this or like it but I love this joke.

Q: What's the difference between a duck?

A: One foot is farther apart than the other.

What do you like about the neighborhood?

I love the unique small businesses, the wonderful people, all the beautiful and imaginative gardens. I love the lady from Greece who lives next door and brings us fresh bread or baklava every once in a while.

What activities do you enjoy? What really not?

I love biking, walking, gardening, creating music and art.

I don't like riding in a car. I don't much care for cleaning the garage. It shows.

What do you think is important about neighborliness?

Help your neighbor whenever you can. As the Decemebrists sing, "Share your neighbor's burden within reason."

Never ever indulge in a neighborhood feud. Nip disagreements in the bud immediately. Sometimes you have to apologize even when you don't think you were wrong. It's OK. Our whole block shared a snow shovel for years—one shovel for about 10 homes—until the shovel's owner moved away. Good thing we didn't have much snow last year.

If you have any children, what did you find important to teach them?

I am proud to say we have no children. It's part of trying to keep our environmental impact to a minimum. If I had children I would tell them all about the olden days. They would be happy to leave home at the earliest opportunity.

What is important to you, in your life?

Creating a paradigm of hope and a sea change in the hearts of all people. That's right, I support Occupy Portland. Big time. In its short existence, it has become important to me in my life. I sincerely hope the Occupy movement will result in some measure of economic justice because the 99% are getting royally screwed.

Discard all the previous and write about something that you do want to share...the sky is the limit.

But I like what I just wrote, especially the very last one.



*Sunday morning in
North Tabor*



Can We Outgrow Hunger in Portland?: Exploring a new model of community gardening

by Adam Kohl

Community gardens can be about many things. They can be about working outside, about the joy of nurturing other living things, about getting to know your neighbors and developing community, and certainly about growing fresh and healthy food for your family. Can community gardens also play a role in improving the lives and diets of our most vulnerable citizens or in reducing public health expenditures?

Portland now stands at a crossroads of high and increasing rates of both food insecurity and diet-related illness, heightened desire for sustainability and equity in the food system, and support among elected officials for gardening and urban agriculture projects. Gardening in various forms is known to improve food security, nutrition, social connectedness, and general health. Because this also reduces the strain on the struggling public health and emergency food networks, the time is right for a new model of neighborhood-based gardens which can deliver these benefits inexpensively to the populations that need them the most.

City of Portland Community Gardens is a landmark in Portland's gardening and local food scene, and is expanding to meet the need just as quickly as it can. Because they are intended to be permanent park facilities, there are justifiably rigorous (read: costly and time-consuming) vetting and development standards for city-run gardens.

For example the new Frazier Garden (NE 52nd & Hassalo) which opens this April to serve the Rose City Park and North Tabor neighborhoods, has been in process for nearly a decade and has a construction budget of roughly \$57,000 (which includes \$20k for asphalt and contaminated soil removal). The expense is driven by features such as fencing, water system development, and other requirements related to the design process. According to PCG Program Coordinator Laura Neimi, who acknowledges the need for community-based alternatives to the city's

garden program, Frazier Garden's 50 or so plots will fill up very quickly.

In part due to this expense, much of which must be raised by the community, the lower income and more food-insecure neighborhoods are under-represented in the Portland Community Gardens system.

Meeting food need through gardening can be difficult, particularly for first time gardeners. In addition to figuring out proper soil conditions and timing, there is the ongoing maintenance of weeding, watering, pest control, fertility, and monitoring for harvest time. From a strictly economic perspective, all but the most experienced or well-mentored gardener's time would probably be better spent in other endeavors. For a family that is juggling multiple low-wage jobs to make ends meet while attending to the needs of children, the idea of gardening as a practical way to afford healthy food borders on crazy.

Would it change the equation if that same family was provided with adequate fresh produce with a commitment of only a few hours every couple of weeks? What if vibrant, productive, and attractive community gardens could be developed for a small fraction of the \$1140 per plot spent at Frazier? What if no matter where you lived in the city, no matter your socioeconomic status, there was a garden within a 10-minute walk?

Outgrowing Hunger is a new community-based nonprofit which has started to make this idea a reality. Its vision is to develop Food Resource Gardens on vacant public, private, or institutionally owned land throughout the Portland Metro area, where small contributions of time and effort are carefully managed to produce an abundance of healthy food for the gardeners and for neighbors in need. In order to make garden produce accessible for families with limited time or experience, gardeners can work on a cooperative team with a rotating schedule. In exchange for a half day's work roughly once every three weeks, participants receive a weekly share of the produce harvested, and a portion is set



Adam Kohl

Gardeners of various means and abilities work together to get the garden planted at Central City Garden, August 2011.

aside to go to the food pantry which serves that neighborhood. Gardeners can alternatively elect to have an individual space and work in the donation beds as a part of the fee for using the garden.

Outgrowing Hunger is operating two gardens under this model in Portland's Centennial neighborhood and in central Gresham. A similar garden is being designed with a wide coalition of stakeholders for installation on undeveloped land in Old Town. It will support the work of Transition Projects Inc and Legacy Health Systems with the recently homeless and other vulnerable populations in the urban core by improving food security, mental and physical health outcomes, and job skill development.

Conversations about starting new projects are always welcome. Portland area residents interested in making fresh healthy produce practical and affordable for themselves and others in their own neighborhood can attend one of Outgrowing Hunger's regular meetings, next scheduled for the evening of March 18th. Full details are available at www.outgrowinghunger.org or by contacting their office at (971) 231-4191.

Thank you to volunteer tree planters!



Janice Leber

Ariana builds a moat.

by Moonrose Doherty

Another successful planting day happened in North Tabor this year with Friends of Trees. Thirty-two trees were planted in North Tabor alone on January 21 and a total of 175 trees were planted in the combined neighborhoods which included Laurelhurst, Sunnyside, and Kerns. Montavilla, South Tabor, and Mount Tabor have separate plantings as well, which means even more trees in the surrounding neighborhoods. A big thank you to all of the North Tabor volunteers who brought a delicious soup for the planting crews to enjoy or helped on a planting team. Way to go North Tabor! Volunteers make it happen.

Deciding to plant a tree can have many wonderful benefits, but one of the best parts is picking which tree you will plant! Fruiting trees, fall color, spring blossoms, small and compact, or with interesting bark? The possibilities are endless.

Some of the reasons that North Tabor neighbors planted trees can be found in the facts about trees

(listed below), but many residents said that they simply wanted to plant a tree because it is beautiful to look at. My neighbors and I especially enjoy the Dogwood trees in spring when all of the large pink flowers bloom. I personally enjoy the Hazelnut catkins in late winter dangling from bare branches like little ornaments and the fantastic yellow leaves of Big Leaf Maple in the Fall.

Planting trees in our yards or parking strips creates long lasting benefits that can be enjoyed by everyone for years to come. Trees remove pollutants from the air. A typical tree absorbs ten pounds of pollutants, cleans 330 pounds of carbon dioxide, and creates 260 pounds of oxygen each year. Trees also help intercept and retain 760 gallons of rainwater each year, which help keep our rivers clean and help save us money on stormwater costs. Trees can cool our homes in the summer and shade our sidewalks, keeping the city cooler during hot summer days. Friends of Trees took measurements on street pavement shaded by a tree and street pavement that was not shaded and revealed a 50 degree difference in temperature (149 degrees vs. 99 degrees).

Trees raise the property value of your home by up to twenty percent. Also, unlike many other things, trees appreciate in value each year and, by planting trees now, we can take advantage of the opportunity to make our city green. Trees that we plant today help make a green future for our children, grandchildren, nieces, nephews, neighbors, and fellow Portlanders. The thought that the Oregon White Oak in my planting strip will offer acorns to wildlife and cooling shade a hundred years from now, is a lovely thought.

North Tabor Neighborhood Association and Friends of Trees worked together to offer trees for the parking

strips or yards at a discounted price. The prices for a tree was about half of what would be paid at a nursery for a similar-sized tree or 70 percent less than what would be paid to a contractor. The price included a site inspection (to ensure the right-sized tree goes into the parking strip), hole digging, help with planting the tree, stakes, ties, labels, information on proper tree care techniques, and the opportunity to meet fellow neighbors as a volunteer. The price also included Friends of Trees delivering the tree(s) to your location, planting by a volunteer tree planting crew, and all of the appropriate authorizations from the city and utility companies secured for you.

At the staging site of Sunnyside United Methodist Church, activity was abuzz as donations of food and beverages started coming in and volunteers started showing up for various jobs. Volunteering included a range of activities, such as setting up or serving breakfast or lunch, working on a tree planting crew, helping unload at the staging site, loading trees, registering volunteers, giving out name tags, photographing the event, or delivering trees by bike. In 2011, about 100 North Tabor neighbors showed up to volunteer and this year was close to that. There were Bike Planting Crews that used trailers and backpacks, Dutch-style utility bikes, to deliver dozens of trees and there were local high school students, PGE employees, and neighbors out planting trees and experiencing wonderful community spirit.

We made our neighborhood a little greener, got to know neighbors and fellow volunteers, took in some fresh air, and felt the joy of making a difference.

If you would like to plant a tree for North Tabor's upcoming season, go to friendsoftrees.org.



Candice Jordan

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School News

The Elementary and Middle School Transfer Deadline is fast approaching. If you want to your child to attend a public school outside of your neighborhood school then you must complete an application form which must be received by the School Transfer Office by 5pm on March 9. Call Portland Public Schools at (503) 916-3502 for more details.

Daylight Saving Time begins on March 11. Remember to put your clocks forward by one hour!

There will be a two-hour late opening for all elementary and middle schools in Portland on March 21 and April 18.

All schools will be closed from March 26-30 for Spring Break. There will be no school for students on April 13 which is a teacher planning day.

Beverly Cleary K-8. The next PTA meeting for Beverly Cleary School is March 13 at 6:45pm.

The Beverly Cleary School Foundation Auction this year is on Friday March 9 at 6pm. The PTA provides materials that schools need, leaving the PPS Foundation to cover gaps in staffing. Last year Beverly Cleary's auction netted \$70,000 to help pay for music, art, a media specialist, foreign language, Band and EA support during this school year. You can go online now and bid for items for this year's auction at auction.beverlyclearyschool.org

On April 17, Pizzicato Pizza at NE 42nd and Fremont is generously donating twenty percent of its

sales to Beverly Cleary School. Open noon-11pm. Please consider supporting this fundraiser!

Mount Tabor Middle School. Upcoming Mount Tabor PTA meetings take place at the school at 7pm on March 13 and April 10.

There will be a Michael Allen Harrison Benefit Concert at Mount Tabor Presbyterian Church 5441 SE Belmont on Thursday March 8th at 7pm. Please join us for an evening with Michael Allen Harrison as he delights us with some of his favorite compositions. Michael is a local and global musician that has been in the music scene for over two decades. Tickets available at the door. \$15, adults; \$10, students and seniors. A reception will take place at TaborSpace after the concert, including Mount Tabor Middle School student artwork on display

On Sunday April 15, Burgerville at 82nd and Glisan is generously donating ten percent of all sales between 5-8pm to Mount Tabor Middle School. Please consider bringing your family to eat here that evening to help raise money for the school.

The Annual Mount Tabor Rummage Sale will take place the weekend of April 28-29. Come and look for bargains while helping to raise money for the school! If you would like to donate items for the sale please contact shaunajohnson@juno.com to arrange pick-up.

Do you buy from Amazon.com? If so, did you know that six-and-a-half percent of your total purchase

could be donated to Mount Tabor Middle School? All you have to do is visit tinyurl.com/MtTaborPTA before making your Amazon purchase. The Amazon link takes you straight to their website. Customers who used this link in 2011 contributed over \$550 in cash back for the school! Please consider using this link when making your purchases from Amazon.com

Grant High School. Grant High School PTA meetings will be held on March 20 and April 17 at 7pm in Room 130.

The Annual Grant Art Show which showcases student work will be held in the Old Gym on April 26 and 27 this year.

Grant Theatre proudly presents the Broadway big fat musical hit "Hairspray" directed by Chris Lane. This production is considered to be one of the most inspiring and eagerly anticipated Grant musicals in years and is sure to sell out! Please visit the theatre's website for show details and tickets: granthighschooltheatre.weebly.com

Tickets are \$12 for adults and \$10 for students. "Hairspray" will run for six nights April 26-28 and May 3-5.

Compiled by Alison Gavine. To have your school news included in the next issue, send an e-mail to schools@northtabor.org (or editor@northtabor.org), leave a message at (503) 928-4655, or send a note to 302 NE 57th Ave., Portland, Oregon 97213.

Sunnyside Environmental School Disaster Dinner Scheduled March 10

The Sunnyside Disaster Dinner is a community information event and fundraiser organized by the Rock-n-Roll Committee of the Sunnyside PTSA (aka the Emergency Preparedness Team).

The event is scheduled Saturday, March 10, 3-4:30pm at Sunnyside Environmental School, 3421 SE Salmon. There will be free information booths and activities. Open to the public, this portion of the event will provide information and activities about emergency sanitation, water harvesting and filtration, creating your home emergency kit, and block organizing. There will be fun activities for young people including Fire Engine 9 to explore! From 4:30-6pm will be dinner and events. Ticket-holders will

enjoy a simple (and delicious!) dinner in the Sunnyside Environmental School cafeteria, cooked by neighborhood volunteers in an outdoor "emergency kitchen." We'll have a few short presentations on school and neighborhood emergency readiness, a fun drill, a raffle of a home emergency kit, festive games, and an eclectic "Disaster Playlist" for ambience.

Tickets are \$5-\$15 sliding scale (children under 5 free) at tinyurl.com/SunnysideDisasterDinner or in person at Sunnyside Environmental School Monday, Wednesday, Friday mornings. All proceeds from dinner and raffle ticket sales will go to support the emergency preparedness work of the PTSA. While we're warm, safe and dry, let's learn about and practice

emergency skills and enjoy getting to know each other in the process! The Rock-n-Roll Committee (aka the Emergency Preparedness Team) is selling raffle tickets Monday, Wednesday, Friday in the front hall at school. You could win a Home Emergency Supplies Kit, worth \$225, or another one of our useful emergency preparedness prizes. Tickets are \$5 each, or 5 tickets for \$20. Sale proceeds go to supporting the emergency preparedness work of the Rock-n-Roll Committee. The prizes will be raffled off at the Sunnyside Disaster Dinner on Saturday, March 10.



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Business News

Laurelhurst Cafe. Laurelhurst Cafe, 4611 East Burnside, is celebrating its first anniversary on March 9, 2012. Business continues to grow, and hours have expanded, now open seven days a week, from 7 am to 8 pm. The entertainment Program continues to grow with two weekly events: Storytime and Balloon animals for kids with local clowns Dingo Dizmal and Olive Rootbeer, Monday mornings at 10am; and Jazz with "3 is Key," Sunday evenings 5-7pm. Their second Annual Car Show is scheduled for Sunday, July 22. Prospective car owners are welcome to contact Ken for details, (503) 548-6320.

A.N.D. Cafe. Timed with the Spring Equinox, A.N.D. Cafe, 5420 East Burnside, will spend the week of March 21-25 celebrating its own "official" grand opening. Instead of a single day filled with long lines, owners Ashley and Dan have extended the celebration throughout the week from Wednesday to Sunday. And in addition to food and drink specials, including a full cocktail menu, ten percent of all proceeds from the week will be donated to Out To Pasture Sanctuary. Out To Pasture is a not-for-profit (501

(c)(3)) no-kill sanctuary located in Estacada, Oregon, dedicated to providing permanent housing and care for a variety of abused, neglected or abandoned animals including large farm animals, pigs, rabbits, chickens and dogs. The event will also kick off A.N.D. Cafe's new, expanded vegan and vegetarian menu, as well as extended hours of operation, now open until at least 6pm in the evening in accordance with popular demand.

Seven Virtues. Seven Virtues, 5936 NE Glisan, is now open 7:30am-7pm Monday-Thursday, 7:30am-5pm Friday, and Saturday-Sunday, 8am-5pm. Stay tuned for live music on Thursday evenings coming soon! Now serving soup on a daily basis, with an expanding gluten-free menu that includes hot and cold sandwiches, bagels, and pastries with options for nearly everyone. These options are in addition to the existing delicious lunch menu that also includes hot and cold sandwiches. Seven Virtues serves both an espresso blend and a single origin espresso, now serving both Seven Virtues coffee along with Stumptown coffee. Come enjoy a mug of French press coffee, a pour over, or a fantastic

espresso drink. If you have any questions, feel free to contact Michael Blair, (503) 206-2321.

Skin & Bones. Beginning February 10, Skin & Bones, 5425 East Burnside, will be open Friday and Saturday at 5pm with last seating at 9pm, and Sunday Brunch from 10am-2pm! In addition, there will be a reservation-only supper the first Thursday of every month to introduce the new menu. Skin&Bones takes Sunday Brunch reservations for parties of five or more. For more info and reservations: skinandbonesreservation@gmail.com, (503) 236-3610, or skinandbonesbistro.com/.

Openings and Closings. Rumor has it that the former Bangkok Thai is being remodeled into a new gastro pub, **Tabor Tavern.** Check out the next North Tabor News for a story on this new enterprise. **Rose City Wellness Center,** an alternative medicine center, has opened at 6016 NE Glisan, formerly Slip Enterprises.

Compiled by Candice Jordan. Send updates and notices to advertising@northtabor.org. Deadline for the May/June issue is April 15th.

Sherwin-Williams now conveniently located in Burnside Plaza

by Adam Kohl

Sherwin-Williams is now in the Burnside Plaza, adjacent to QFC, in the space formerly occupied by Blockbuster Video. The specialty retailer of house paint and painting supplies began business in that location during the last week of September 2011, and has been actively reaching out to local residents, businesses, and contractors over the fall and winter.

The new store boasts free deliveries, a color eye which can create a near-perfect match from a dime-sized sample, and free color consultations by Assistant Manager Anna Burnett, who has a Bachelors of Interior Design from the University of Idaho. By the first of April, the company expects to have implemented zero-VOC Eco Toners to



complement its full line of low and zero-VOC products.

According to store manager Jeremy Adams, the location was opened to provide an alternative to the

current big-box or grocery store-based options for purchasing paint in the Laurelhurst, Tabor, N. Tabor, Montavilla, and Rose City Park neighborhoods. The new location is part of a push by Sherwin-Williams to move toward smaller, neighborhood-based stores which provide a welcoming environment for design-conscious homeowners, as well as providing consistent service to small and mid-scale painting contractors.

Inquiries about partnering on community improvement or graffiti abatement projects can be directed to Mr. Adams at 503-236-7455.

Adam Kohl was employed by Sherwin-Williams from 1999-2011.

Eptek: home technology



No matter the size of your dreams, EPTek has solutions.

by Candice Jordan

Advances in electronics have really changed our lives. In decades past, we would walk into our den, turn the power knob on our television until it clicked, turn the channel selector until one of the four or five available channels was selected, adjust the volume knob and sit down to watch a show. The screen would be low resolution; the sound would come out of one small speaker on the TV; we would be able to watch a show only when it was broadcast.

Now we have large-screen, high definition television, with many channels of sound. We watch DVD and BluRay, stream movies and music from the internet and record our entertainment digitally on hard drives. For most of us, the interconnectivity and the complexity can be overwhelming. What are THX, DTS-HD, and Audyssey DSX? What's the difference between HDCP and DHCP?

EPtek, a North Tabor business, offers low-cost answers and assistance for all home entertainment and technology needs. To do this properly requires more than a dictionary of terms or an explanation of the ever changing alphabet soup of acronyms. Knowledge of how things work, how things work together, and what is available is critical for effective system design. EPtek can advise on how to design and implement your own home theater or home automation system for a modest consultation fee or they will create and implement a fully integrated theater or networked computer system. Home theater, multi-channel audio, remote control, networking, computers, and full integration of technology are all possible with EPtek guidance.

Richard Lee-Berman, EP Tek's advisor, has designed and built speakers systems for many years. His love of immersive A/V experience along with his highly motivated bargain hunting has driven him to create high quality sound systems for a fraction of the expected cost.

Mr. Lee-Berman is finding that shopping for quality used equipment based on the technology and targeted specifications can lower a system cost without compromising the outcome. He walks clients through their desired outcomes, describes the technology available to accomplish goals, works with existing equipment or adds on to a system, and provides a selection of budgets.

Robert Brant, DMD: neighborhood dentist

by Candice Jordan

One of the great things about the North Tabor neighborhood is that so many vital services can be found within walking or biking distance and many services that are farther away can be reached by the MAX or several bus lines that run through the neighborhood. Right about the time I became dissatisfied with my dentist and decided to find one closer, an abandoned building at 56th and Glisan was magically transformed from the eyesore it was into an appealing dental practice. I made the switch to Dr. Robert Brant and was soon followed by my husband, his mother, and after our recommendation, several friends and neighbors did as well.

Admittedly, trips to the dentists are not generally something most people dread. But since we started with Dr. Brant, the most anxiety producing part of a trip to the dentist now is crossing Glisan Street on foot!

As a native Oregonian, Dr. Brant grew up in East Multnomah County. He attended Oregon State University and graduated from Oregon Health Sciences University with a Doctor of Dental Medicine degree in 1990. After graduation, Dr. Brant spent the first few years of his work experience in a group practice. He was also an Associate Professor in the Dental Anatomy Department at OHSU's School of Dentistry and has been a past member of the Alumni Board. He has been in private practice for the past 16 years and remains active in study clubs and is a member of the Multnomah County Dental Society, the Oregon Dental Association, and the American Dental Association. Dr. Brant has also enjoyed participating in volunteer opportunities both locally and abroad through Mission of Mercy and Dental Volunteers for Israel.



Dr. Robert Brant's office, left side of entrance, at 56th and Glisan.

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Richele Kay Bridal Consignment: Never worn, gently worn, and vintage bridal

by Candice Jordan

It started during a conversation between a mother and daughter about the daughter's friend's upcoming wedding. That conversation started the two of them thinking, brainstorming and doing a lot of research. Connie Bradley and her daughter Maggie Bradley, put a business plan together and it became increasingly clear to them there was a need for this type of consignment service in the Portland area.

The two found a newly updated space on 60th Avenue and began the new adventure of creating the boutique. They moved into the space in November and opened their doors February 1. They started consigning wedding dresses the very next day. After only 10 days, they consigned over 30 dresses.

Consignment solves the problem for the new bride looking for a great deal on a wedding dress. Many dresses

don't make it down the aisle. Over half the wedding dresses consigned have never been worn and still have the original tags attached. Brides change their mind and purchase more than one dress or parents don't like the gown, elopements, pregnancies, broken engagements, change of venue from inside to outside, are a few of the reasons. "Buying a new, sample, or once-worn wedding dress from a consignment boutique, is a great idea for a bride that doesn't want to compromise style or customer service for price," Connie said. "Prices are generally 40 to 75 percent off retail for designer gowns that are inspected to ensure they are in great condition."

Consignment makes it convenient for the recent bride, too. They don't have to answer dozens of e-mails. They don't have to make appointments for strangers to come to their home to try on the dress. They don't have to negotiate the price of the wedding dress or bridal accessory. When

they consign their dress with Richele Kay, all they have to do is sit back and wait for their check to arrive.

Richele Kay will expand to Spring/Summer hours this May. Richele Kay Bridal Consignment is located at 420 NE 60th Avenue near the intersection of 60th and Glisan (next door to Biddy McGraw's) with parking behind the building. Store hours are Wednesday-Friday, 2-7pm; and Saturday, 11am-7pm.

For further info: www.richelekay.com, info@RicheleKay.com, (503) 233-1301, www.RicheleKay.com, info@RicheleKay.com.




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